



# **2020 Bahamas House First Chance/Last Chance Invitational**

**February 22, 2020**

## **Meet Schedule**

### **SATURDAY, FEBRUARY 22**

#### **Field Events**

9 a.m.	Javelin	(W then M)
9 a.m.	Shot Put	(M then W)
10 a.m.	Long Jump	(M & W)
11:30 a.m.	Hammer Throw	(W then M)
11:30 a.m.	Weight Throw	(W then M)
12 p.m.	Triple Jump	(W & M)
12:30 p.m.	Pole Vault (pit opens at 11:30)	(W then M)
1 p.m.	High Jump	(W then M)
1:00 p.m.	Discus	(W then M)

#### **Track Events**

9:00 a.m.	Women's 5000
9:25 a.m.	Men's 5000
9:45 a.m.	Women's 3000m steeple
10:00 a.m.	Men's 3000m steeple
10:15 a.m.	Women's 4 x 100
10:25 a.m.	Men's 4 x 100
10:30 a.m.	Women's 1500
10:40 a.m.	Men's 1500
10:55 a.m.	Women's mile
11:05 a.m.	Men's mile
11:15 a.m.	Women's 100 hurdle
11:25 a.m.	Men's 110 hurdle
11:35 a.m.	Women's 60m Hurdle
11:45 a.m.	Men's 60m Hurdle
11:55 a.m.	Women's 600m
12:00 p.m.	Men's 600m
12:10 p.m.	Women's 400m
12:20 p.m.	Men's 400m
12:40 p.m.	Women's 60m
12:45 p.m.	Men's 60m
1:00 p.m.	Women's 100 m
1:05 p.m.	Men's 100 m
1:20 p.m.	Women's 800
1:25 p.m.	Men's 800 m
1:45 p.m.	Women's 400m hurdle
1:55 p.m.	Men's 400m hurdle
2:10 p.m.	Women's 1000m
2:15 p.m.	Men's 1000m
2:25 p.m.	Women's 200m
2:40 p.m.	Men's 200m
3:00 p.m.	Women's 3000m
3:15 p.m.	Men's 3000m
3:30 p.m.	Women's 4 x 400
3:40 p.m.	Men's 4 x 400
3:50 p.m.	Women's DMR
4:05 p.m.	Men's DMR